

## APERITIVOS

### NACHOS SUPREME

Crisp corn chips, topped with your choice of chicken, ground beef or picadillo, melted Cheddar cheese, refried beans, diced fresh tomato, guacamole and sour cream. 10.50

### NACHOS LA FOGATA

Corn chips topped with your choice of seasoned ground beef, shredded chicken or shredded beef and melted Cheddar cheese. 9.50

### NACHOS CHEESE

Corn chips topped with melted Cheddar cheese. 7.95

### CHEESE CRISPI SPECIAL

Deep-fried tortilla topped with melted Cheddar cheese, fresh tomato, guacamole and sour cream. 8.50

### LA FOGATA CAMARONES

Large shrimp with mushrooms, bell pepper, carrots, zucchini, onion and garlic. 13.50

### MEXICAN PIZZA

A crisp, flat flour tortilla topped with choice of chicken or beef, refried beans, tomato, onion and grated cheese. Served with guacamole and sour cream. 9.95

### QUESADILLA

Melted Cheddar cheese layered in a warm flour tortilla. Topped with guacamole and sour cream. 8.95  
Add chicken or beef...1.00

### CHICKEN TAQUITOS

Three warm corn tortillas wrapped around shredded chicken breast. A delectable Mexican appetizer. Served with guacamole and sour cream. 9.50

### CHICKEN FLAUTAS

Three warm flour tortillas wrapped around shredded chicken breast. A delectable Mexican appetizer. Served with guacamole and sour cream. 9.95

## SOPAS

### SOPA DE TORTILLA

Rich chicken broth with shredded chicken and thinly sliced tortilla chips. Garnished with fresh avocado and diced fresh tomato. Large Bowl 9.95

### SOPA DE ALBONDIGAS

Mexican meatballs, vegetables, tomato, onion and cilantro simmered in a mildly spiced broth. Served with corn tortillas and lemon. Large Bowl 9.95

## DELUXE TACO SALADS

*All Deluxe Taco Salads are prepared with your choice of meat topped with melted Cheddar cheese, lettuce, tomato and more cheese. Served with guacamole and sour cream.*

### PICADILLO

Tender shredded beef topped with melted Cheddar cheese and covered with lettuce, tomato and more cheese. 10.50

### POLLO

Shredded chicken topped with melted Cheddar cheese and covered with lettuce, tomato and more cheese. 10.50

### FAJITA SALAD

Your choice of Fajita steak or chicken atop a bed of garden fresh greens, tomato, avocado, carrots, zucchini, bell pepper, onion and mushrooms. Topped with shredded cheese. 12.95  
(Not served with guacamole & sour cream)

### GROUND BEEF

Lightly spiced ground beef topped with melted Cheddar cheese and covered with lettuce, tomato and more cheese. 10.50

### GRINGO

A crisp flour tortilla shell on a cold plate with your choice of beef or chicken over a bed of lettuce and topped with Cheddar cheese, guacamole and sour cream. 10.50

## HUEVOS

*All egg dishes are served with rice, beans and tortillas.*

### MACHACA CON HUEVOS

Picadillo with scrambled eggs, chopped onion and diced tomato. 10.50

### CHORIZO CON HUEVOS

Spicy Mexican sausage, crumbled and blended with scrambled eggs. 10.50

### HUEVOS RANCHEROS

Over easy eggs topped with melted Cheddar cheese and our spicy sauce. 9.95

## LUNCH SPECIALS

*Lunch Specials Served Monday through Friday 11:00 AM till 3:00 PM. CHOOSE FROM THESE LUNCH SPECIALS OR ANY OTHER MENU SELECTION.*

1. **MACHO BURRITO** MACHO SIZE & MACHO FLAVOR \_\_\_\_\_ **7.95**
2. **CHIMICHANGA** CHICKEN OR BEEF - WITH RICE AND BEANS \_\_\_\_\_ **7.95**
3. **BURRITO** CHICKEN OR BEEF - WITH RICE AND BEANS \_\_\_\_\_ **7.95**
4. **COLORADO BURRITO** SERVED WITH RICE AND BEANS \_\_\_\_\_ **7.95**
5. **VERDE BURRITO** SERVED WITH RICE AND BEANS \_\_\_\_\_ **7.95**
6. **GRINGO SALAD** \_\_\_\_\_ **7.95**  
CHICKEN OR BEEF WITH GUACAMOLE AND SOUR CREAM
7. **TACO SALAD** \_\_\_\_\_ **7.95**  
CHICKEN OR BEEF WITH GUACAMOLE AND SOUR CREAM
8. **CHIMICHANGA** \_\_\_\_\_ **7.95**  
CHICKEN OR BEEF SERVED WITH GREEN SALAD
9. **TOSTADA** CHICKEN OR BEEF - WITH RICE AND BEANS \_\_\_\_\_ **7.95**
10. **ONE ENCHILADA** \_\_\_\_\_ **7.95**  
CHICKEN, BEEF OR CHEESE - WITH RICE AND BEANS
11. **ONE TAMALE** SERVED WITH RICE AND BEANS \_\_\_\_\_ **7.95**
12. **ONE CHALUPA** \_\_\_\_\_ **7.95**  
CHICKEN OR BEEF WITH GUACAMOLE AND SOUR CREAM
13. **ONE CHILE RELLENO** SERVED WITH RICE AND BEANS \_\_\_\_\_ **7.95**
14. **SUPER NACHO NACHOS** WITH ALL THE TRIMMINGS \_\_\_\_\_ **7.95**
15. **QUESADILLA** \_\_\_\_\_ **7.95**  
CHICKEN OR BEEF WITH GUACAMOLE AND SOUR CREAM
16. **TWO CHICKEN TAQUITOS** \_\_\_\_\_ **7.95**  
SERVED WITH GUACAMOLE AND SOUR CREAM
17. **TWO TACOS** SERVED WITH RICE AND BEANS \_\_\_\_\_ **7.95**

*Items below are lunch portions of our regular menu favorites.*

18. **ARROZ CON POLLO** (NOT SERVED WITH BEANS) \_\_\_\_\_ **10.50**
19. **CHICKEN OR STEAK FAJITA\*** SERVED WITH RICE AND BEANS \_\_\_\_\_ **10.50**
20. **POLLA A LA CREMA** SERVED WITH RICE AND BEANS \_\_\_\_\_ **10.50**
21. **CHICKEN EN MOLE** SERVED WITH RICE AND BEANS \_\_\_\_\_ **10.50**
22. **TWO ENCHILADAS** CHOICE OF CHICKEN OR BEEF, SERVED WITH RICE AND BEANS \_\_\_\_\_ **10.50**
23. **CARNE ASADA\*** SERVED WITH RICE AND BEANS \_\_\_\_\_ **10.95**
24. **ARROZ CON CAMARONES** (NOT SERVED WITH BEANS) \_\_\_\_\_ **10.95**

## SIDE ORDERS

- |   |   |
|---|---|
| <b>CRISP TACO</b> (Chicken or Beef) . . . <b>2.50</b> | <b>RICE</b> . . . . . <b>4.50</b>             |
| <b>SOFT TACO</b> (Chicken or Beef) . . . <b>2.50</b>  | <b>BEANS</b> . . . . . <b>4.50</b>            |
| <b>TAMALE</b> . . . . . <b>4.50</b>                   | <b>GUACAMOLE</b> . . . . . <b>4.50</b>        |
| <b>ENCHILADA</b> (Chicken or Beef) . . . <b>4.50</b>  | <b>PICO DE GALLO</b> . . . . . <b>3.25</b>    |
| <b>CHALUPA DELUXE</b> . . . . . <b>8.95</b>           | <b>SOUR CREAM</b> . . . . . <b>1.75</b>       |
| <b>GREEN SALAD</b> . . . . . <b>4.75</b>              | <b>FLOUR TORTILLAS</b> . . . . . <b>1.75</b>  |
| <b>CHEESE SALAD</b> . . . . . <b>5.95</b>             | <b>CORN TORTILLAS</b> . . . . . <b>1.75</b>   |
| <b>CHILE RELLENO</b> . . . . . <b>5.95</b>            | <b>RICE &amp; BEANS</b> . . . . . <b>4.95</b> |

# LA FOGATA

## FAMILY MEXICAN RESTAURANT

23745 - 225TH WAY SE MAPLE VALLEY (425) 432-4946

## COMBINACIONES

*Platos de Combinaciones are served with rice and beans. Enchiladas are your choice of beef, chicken or cheese.*

1. **ONE TACO AND ONE TOSTADA** \_\_\_\_\_ **10.95**
2. **ONE TAMALE AND ONE CHILE RELLENO** \_\_\_\_\_ **10.95**
3. **THREE CHICKEN TAQUITOS** \_\_\_\_\_ **10.95**
4. **ONE ENCHILADA AND ONE TAMALE** \_\_\_\_\_ **10.95**
5. **ONE ENCHILADA AND ONE TOSTADA** \_\_\_\_\_ **10.95**
6. **ONE BEEF OR CHICKEN BURRITO** \_\_\_\_\_ **10.95**
7. **ONE VERDE BURRITO** \_\_\_\_\_ **10.95**
8. **ONE COLORADO BURRITO** \_\_\_\_\_ **10.95**
9. **ONE CHILE RELLENO AND ENCHILADA** \_\_\_\_\_ **10.95**
10. **ONE CHICKEN OR BEEF CHIMICHANGA** \_\_\_\_\_ **10.95**
11. **THREE TACOS** \_\_\_\_\_ **10.95**
12. **ONE BEEF OR CHICKEN CHALUPA** \_\_\_\_\_ **10.95**
13. **TWO CHILE RELLENOS** \_\_\_\_\_ **10.95**
14. **TWO ENCHILADAS** \_\_\_\_\_ **10.95**
15. **ONE ENCHILADA AND ONE BEEF BURRITO** \_\_\_\_\_ **10.95**
16. **ONE ENCHILADA AND ONE TACO** \_\_\_\_\_ **10.95**
17. **ONE ENCHILADA, TOSTADA AND TACO** \_\_\_\_\_ **13.95**
18. **ONE ENCHILADA, CHILE RELLENO AND TACO** \_\_\_\_\_ **13.95**

## COMBINACIONES GRANDES

*Combinaciones Grandes are served with rice and beans (except #19). Enchiladas are your choice of beef, chicken or cheese.*

19. **ONE MACHO BURRITO AND CHILE RELLENO** \_\_\_\_\_ **13.95**  
(RICE AND BEANS ARE INSIDE THE MACHO BURRITO)
20. **TWO ENCHILADAS AND ONE TACO** \_\_\_\_\_ **13.95**
21. **ONE ENCHILADA, BURRITO AND TACO** \_\_\_\_\_ **13.95**
22. **ONE ENCHILADA AND ONE CHALUPA** \_\_\_\_\_ **13.95**
23. **ONE ENCHILADA, TACO, CHILE RELLENO AND TOSTADA** \_\_\_\_\_ **14.75**
24. **ONE CHIMICHANGA, CHILE RELLENO OR ENCHILADA** \_\_\_\_\_ **13.95**

## CARNES - MEAT

### MOLCAJETE - "MEXICAN STYLE STEW"

A delicious bowl of chicken and beef sautéed in a mild spicy sauce with mushrooms, tomato and avocado, topped with melted Monterey Jack cheese. Served with rice and beans. 14.95

### STEAK A LA CHICANA

Top sirloin steak strips, sautéed with green peppers, mushrooms, onion and our delicious Mexican sauce. 14.95

### CARNITAS DE RES

Top sirloin steak strips sautéed with green peppers mushrooms and onion. Served with guacamole. 14.95

### T-BONE STEAK ESPECIAL

T-bone steak charbroiled to perfection and topped with our special sauce. 17.95

### TACO LA FOGATA

A soft flour tortilla filled with your choice of sliced chicken breast or sirloin steak, lettuce, tomato, green pepper, mushrooms, onion, guacamole and sour cream and topped with our special sauce and shredded cheese. 14.95

### CHILE COLORADO

Lean chunks of tender beef, simmered in our delicious Mexican chile sauce. 13.95

## BURRITOS

### MACHO BURRITO

A large flour tortilla filled with choice of meats with rice, beans and Cheddar cheese, covered with sauce and melted cheese. Garnished with tomato, guacamole and sour cream. 10.95

### BURRITO DE POLLO

Shredded chicken rolled into a flour tortilla and topped with sauce and melted Cheddar cheese. 9.75

### BURRITO PICADILLO

A large flour tortilla filled with lightly spiced shredded beef topped with sauce and melted Cheddar cheese. 9.75

### BURRITO VERDE

Chunks of lean pork simmered in a light sauce of tomatillo, green pepper, onion and Mexican spices. 9.25

### CARNE ASADA BURRITO

Strips of sautéed top sirloin steak rolled into a large flour tortilla with beans, rice, Cheddar cheese, tomato, guacamole and sour cream. 12.95

### BURRITO COLORADO

Chunks of lean beef simmered in our chile sauce, then wrapped in a flour tortilla and topped with Colorado sauce and melted Cheddar cheese. 9.25

### LA FOGATA SPECIAL

A charbroiled top sirloin steak, cooked to your liking, served with a Chimichanga. 16.95

### TACOS AL PASTOR

Three soft corn tortillas filled with thinly sliced marinated pork. Garnished with pico de gallo and Parmesan cheese. 14.95

### PORK CARNITAS

Tender shredded pork, prepared using special spices. Served with guacamole, sour cream and pico de gallo. 14.95

### CARNE ASADA AND CAMARONES

Strips of marinated, charbroiled steak AND prawns sautéed with fresh vegetables. 19.95

### CARNE ASADA

Thinly sliced steak, charbroiled and topped with grilled onion, tomato and topped with guacamole. 15.95

### CHILE VERDE

Tender chunks of lean pork in a light sauce of tomatillo, green pepper, onion and Mexican spices. 13.95

### TACOS AL CARBON

Three soft corn tortillas filled with broiled steak or chicken & pico de gallo. Topped with parmesan cheese. 15.95

### BEAN BURRITO

A flour tortilla filled with beans and topped with our special sauce and melted Cheddar cheese. 7.95

### BEEF AND BEAN BURRITO

A large flour tortilla filled with ground beef and beans topped with our special sauce and melted Cheddar cheese. 8.95

### BURRITO CHORIZO

A large flour tortilla filled with Mexican sausage and scrambled eggs. Topped with our sauce and melted Cheddar cheese. 9.75

### FAJITA BURRITO

A large flour tortilla filled with rice and beans and choice of Fajita steak or Fajita chicken strips with sautéed bell pepper, onion and tomato. Served with guacamole and sour cream. 12.95

### BEEF BURRITO

A large flour tortilla filled with lightly spiced ground beef, topped with our sauce and melted Cheddar cheese. 9.25

## FAJITAS

*Marinated strips of steak, chicken or shrimp, grilled with fresh onion, bell peppers, tomato and our special blend of herbs and Mexican spices - presented sizzling to your table. Served with refried beans, rice, pico de gallo, guacamole, sour cream and your choice of flour or corn tortillas. (Fajitas are eaten like a taco.)*

STEAK...16.50  
CHICKEN...15.95  
SHRIMP...16.95

FAJITAS COMBO...16.95  
(STEAK, CHICKEN AND SHRIMP)

## ENCHILADA GRANDE

*Enchilada Grandes are served with rice and beans.*

### ENCHILADA LA FOGATA

Your favorite enchilada topped with an over-easy egg and melted Cheddar cheese. 9.95

### ENCHILADA SUIZA

Your choice of ground beef, picadillo, chicken or cheese enchilada topped with our special green tomatillo sauce and melted Cheddar cheese. 9.95

### CHEESE ENCHILADA

A corn tortilla filled with melted Cheddar cheese, topped with our enchilada sauce and another layer of grated cheese. 8.95

### ENCHILADA PICADILLO

Lightly spiced shredded beef rolled into a corn tortilla and topped with sauce and melted Cheddar cheese. 9.95

## MARISCOS - SEAFOOD

### MEXICAN GRILL

Delicious sautéed prawns, tomato, onion, mushroom, green pepper with grilled steak and chicken all in a sweet and savory sauce. 15.95

### CAMARONES CHIPOTLE

Prawns sautéed with mushrooms, zucchini, carrots & onion simmered in a light Chipotle chile cream sauce. 15.95

### CAMARONES MEXICANOS

Prawns sautéed with onion, bell pepper and mushrooms in our delicious Mexican sauce. 15.95

### CAMARONES AL MOJO DE AJO

Prawns, green pepper, onion and mushrooms sautéed in Mexican garlic sauce. 15.95

### CAMARONES A LA CREMA

Prawns, sautéed with mushrooms, zucchini, carrots and onion - simmered in a light cream sauce. 15.95

### SEAFOOD CHIMICHANGA

Shrimp and crab sautéed with mushrooms, onion, tomato and Mexican spices. 14.75

### CAMARONES A LA DIABLA

SPICY & HOT! Prawns with mushrooms, zucchini, carrots and onion in our delicious spicy, hot Mexican sauce. 15.95

### CHICKEN ENCHILADA

Slow simmered chicken rolled into a corn tortilla and topped with sauce and melted Cheddar cheese. 9.95

### BEEF ENCHILADA

Seasoned ground beef rolled into a soft corn tortilla and topped with sauce and melted Cheddar cheese. 9.95

### ENCHILADA EN MOLE

Corn tortillas filled with your choice of meat, topped with sweet, spicy Mexican sauce and grated cheese. 11.95

### SEAFOOD ENCHILADAS

Two enchiladas filled with sautéed baby shrimp, crab, onion, mushrooms, tomato and Mexican spices. Topped with our special sauce, melted Cheddar cheese and sour cream. 12.95

### ARROZ CON CAMARONES

Prawns sautéed with mushrooms and vegetables in our special sauce. Served over a bed of rice with melted Cheddar cheese. Garnished with tomato and onion. 15.95 (Not served with beans.)

### CAMARONES COCKTAIL

A large eighteen ounce goblet filled with shrimp which is cooked in their own juices, served warm in a sauce of natural juices, ketchup, diced onion and tomato, avocado and cilantro. 13.95 (Not served with rice and beans)

### CAMPECHANA

A large eighteen ounce goblet filled with prawns and octopus which is cooked in their own juices, served warm in a sauce of natural juices, ketchup, avocado, onion and cilantro. 14.95 (Not served with rice and beans)

### FISH TACOS

Three soft flour tortillas filled with diced deep fried cod, pico de gallo and shredded cheese. 11.95

## POLLO - CHICKEN

### POLLO CHIPOTLE

Strips of chicken breast sautéed with mushrooms, carrots, onion and zucchini simmered in a light Chipotle cream sauce. 14.95

### POLLO ASADO

Tender chicken breast topped with tomato and onion. 14.95

### POLLO ASADO AND ENCHILADA

Your choice of chicken, beef or cheese enchilada combined with a marinated charbroiled chicken breast, topped with diced tomato and onions. 15.95

### ARROZ CON POLLO

Boneless breast of chicken with mushrooms - sautéed in our special sauce. Served over a bed of rice and garnished with onion, tomato and melted Jack cheese. 14.95 (Not served with rice and beans)

## DELUXE TOSTADAS

*Deluxe Tostadas are served with guacamole and sour cream.*

### PICADILLO

A crisp tortilla topped with seasoned shredded beef, refried beans, Cheddar cheese, lettuce and tomato. 9.75

### POLLO

Shredded chicken, refried beans, Cheddar cheese, lettuce and tomato atop a crisp tortilla. 9.50

### BEAN TOSTADA

A crisp corn tortilla topped with refried beans, Cheddar cheese, guacamole, sour

### POLLO A LA CREMA

Strips of chicken breast sautéed with mushrooms, carrots, onion and zucchini - simmered in a light cream sauce. 14.95

### POLLO CARNITAS

Strips of chicken breast, sautéed with onion, green peppers and mushrooms. Served with guacamole. 14.95

### POLLO ENCHILADO

Strips of chicken breast, sautéed in butter with onion, carrots, zucchini, bell peppers and mushrooms simmered in our spicy, hot sauce. 14.95

### POLLO EN MOLE

Strips of boneless chicken breast, simmered in our incredible sweet-spicy mole sauce. 14.95

### GROUND BEEF

A crisp corn tortilla topped with lightly spiced ground beef and refried beans topped with Cheddar cheese, lettuce and tomato. 9.50

### VERDE

Lean chunks of pork, slow simmered in our special green sauce, refried beans, Cheddar cheese, lettuce and tomato atop a crisp tortilla. 9.50

## PLATOS AMERICANOS

### TOP SIRLOIN STEAK\*

Top sirloin steak, cooked to your liking and served with a green salad and French fries. 14.95

### DEEP-FRIED SHRIMP

Seven batter-dipped, deep-fried shrimp. Served with salad and French fries. 11.95

## SENIOR PLATES

SENIOR PLATES...6.95  
YOUR CHOICE OF ONE ITEM.  
Served with rice and beans.

TACO BURRITO ENCHILADA  
TAMALE CHILI RELLENO

## FIESTA PLATTER

FOR TAKE OUT ONLY  
SERVES 8-10

Make your party a FIESTA!  
Flautas, chicken taquitos, mini-chimichangas and quesadillas.  
Call in order - please allow  
45 minutes for preparation. 49.95

\*Menu items can be cooked to order, but consuming raw or undercooked meats, eggs and seafood can increase your risk of food borne illness.